



TOLLGATE AESTHETICS

Skin and Body Sculpting Center

(P) 401-737-2628

Lip Injection Post Procedure Care

What should patients do after receiving treatment?

- A clean cloth dipped in cold water (cold compresses) wrung out, and applied to the injected area may be used immediately after treatment to reduce swelling.
- Avoid touching the treated area within six hours following treatment so you do not accidentally injure your skin while the area is numb. After that, the area can be gently washed with soap and water.
- Avoid taking aspirin, NSAID, St. John's Wort, blood thinners, and high doses of Vitamin E supplements for one week after treatment. These agents may increase bruising and bleeding at the injection site.
- Minimize strenuous exercise and exposure to excessive heat, sun, or UV lamps for the first 24 hours after treatment. Exposure to any of these may cause temporary redness, swelling, and/or itching at the injection site. Until there is no redness or swelling, avoid exposure of the treated area to intense cold or heat such as sun lamps or sun bathing.

Be sure to contact the office if you have:

- Persistent injection site reactions beyond 14 days, as most side effects such as bruising, swelling, pain, tenderness, redness, and itching will usually go away within one to two weeks
- Blisters or skin sores that recur, which may signal the presence of a herpes infection
- Any signs of infection such as fever, redness that spreads to surrounding areas, drainage, increasing tenderness or increasing pain that does not go away.