



# Tollgate Aesthetics

*Skin and Body Sculpting Center*

## **Post Laser Vein Treatment Instructions**

- Wear the compression stocking on your treated leg continuously for the first 24 hours.
- Wear the compression stockings during waking hours for four weeks.
- When sitting, elevate your treated leg as much as possible.
- You may resume regular activity the day after the procedure. Daily walking is encouraged.
- No vigorous exercise or weight training for one week.
- You may shower the day after the procedure. Avoid tub baths, hot tubs or saunas for two weeks after the procedure.
- You should not travel by plane or take prolonged car trips for four weeks after the procedure.
- You may take Tylenol for pain as needed. You should avoid ibuprofen, Aleve or aspirin for 48 hours.

If you have questions, please contact the office at (401)737-2426 or after hours at (401)737-2280